

Suggested kitlist for short-term missions

Clothing*

Long-sleeved sweater for evenings
Nightclothes
Sandals
Shirts and shorts for working in
Smart shirt and trousers/skirt for church
Socks
Sun hat
Swimming costume
Towel
Underwear
Warm coat and hat
Waterproof coat for monsoon season

Documents

(International) Driving licence
EHIC card (if travelling in Europe)
List of emergency numbers
Medical insurance certificate
Passport
Vaccination certificates esp. yellow fever
Photocopies of all the above stored in a separate bag

Equipment

Any specialist tools you may need
Protective gloves and facemask
Sturdy shoes

Hand luggage

Book
Money and credit card in money belt
Name, address and phone number of your host
Passport and plane ticket
Pen
Travel pillow

Medical

Anti-malarial tablets
First aid kit with lots of needles
Immodium
Insect bite cream
Insect repellent
Latex gloves
Mosquito net
Oral rehydration tablets
Prescription medicines
Strong sunblock
Travel sickness pills
Water purification tablets

Technology

Adapter plugs
Camera, iPod and phone – and chargers
Torch or headlamp with spare batteries

Other

Bin liners for keeping things dry
Bible, notebook and pen
Earplugs and eyeshades
Games, handicraft or sports equipment
Musical instrument
Penknife
Photos of friends and family to show people
Phrase book
Sleeping bag if necessary
Spare glasses or contacts if you need them
Sunglasses
Toilet paper (yes, seriously!)
Toiletries
Travel detergent
Water bottle

*Depending on the climate and prevailing morality of where you're going, clothing will need to be adapted to fit the location. Ask advice from your sending agency or local contact.